



**34rd Annual Freestyle Tournament**  
**Longest Continuous Freestyle Tournament in North Carolina**  
**Saturday, March 23rd, 2019**

St. Stephens High School, 3205 34th Street Drive, NE, Hickory NC 28601

*All USA Age Divisions*  
*(Including Open Division)*

*AWARDS*  
*Exclusive Saint Wrestling*  
*Gold, Silver & Bronze Medals*

"Athlete Membership" USA Card Required  
USA Cards Available on line  
<https://www.usawmembership.com>  
Cost of card is \$45.00

Note: "Limited Folkstyle Membership" is **not valid**

On Site Weigh In Only at  
7:30 - 8:45 AM

You Must Pre-Register On-Line  
before Friday **March 22nd**, 2019 at 11:00 PM  
[www.ncwrestling.org](http://www.ncwrestling.org)  
**Entry Fee \$20.00**

Morning Session Begins  
at 9:30 AM on Five Mats

**Sub-Cadets will Wrestle Folkstyle**  
**Cadets and Up will Wrestle Freestyle**  
**Driving Directions**

- Take Interstate 40 to Hickory, NC
- Take Exit #130, (Old Hwy 70) and turn right onto Hwy 70.
- Go to the third stop light. Turn right onto Section House Road.
- Stay on Section House Road until it ends at the next stop light (approximately 3.5 miles)
- Turn right onto Springs Road.
- Go through the next stop light and then move over to the inside lane.
- At the next stoplight, turn left. This will be the road leading to the high school.
- Turn left at the high school fence and follow road to the large lower parking lot.

Fresh and Hot Bacon-Egg-Cheese Biscuits, Sausage Biscuits, Spicy Chicken Biscuits,  
Pizza, Hamburgers-Cheese Burgers, Hot Dogs, Bar-B-Q, French Fries, Nachos, Candy, and Drinks  
NO COOLERS ALLOWED IN SCHOOL ----- GENERAL ADMISSION \$5.00

Hosted by *SAINT WRESTLING CLUB*  
*SAINT WRESTLING CLUB* is a Chartered USA Wrestling Club, Call 828-324-7621  
Email : [royhoffman@saintwrestling.org](mailto:royhoffman@saintwrestling.org) Rev: January 25, 2019